How do we teach the “sh” sound?!

Speech-language pathologists (SLPs) use a variety of techniques to teach a good “sh.” One way an SLP may teach a sound is by simply discussing where the articulators (the lips, tongue, teeth, etc.) are when the sound is made.

SLPs may also get in the mouth, literally (and with gloves), to help the student feel and place the articulators where they need to be. Another method of instruction is where we manipulate another sound.

When do we graduate?

That is not an exact answer. The ultimate goal is for sounds to be produced appropriately in unstructured conversation (like talking with friends or in class) 80% of the time before dismissal.

So we learned how to make a “sh” ...

... Now what?

One of our first goals is to just make the sound all by itself, but our work does not stop there. We must be able to carryover that success into syllables, simple words, more complex words, phrases, sentences, readings, and conversation. Our techniques that we have learned now become cues that we can refer back to as we continue speech!

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Source/Inspiration


SH WORD LISTS

Initial /sh/ words
- shoe
- ship
- shape
- share
- shy
- shin

Medial /sh/ words
- washer
- masher
- cashier
- dasher
- pusher
- cushion

Final /sh/ words
- dash
- sash
- bash
- flesh
- cash
- push

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